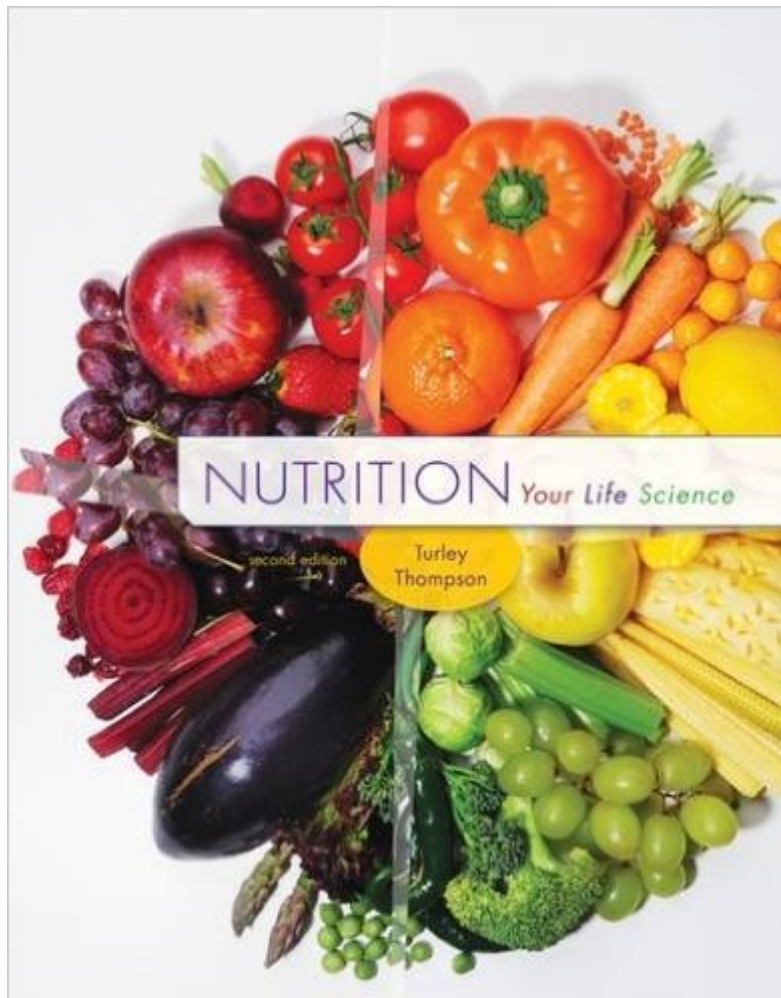


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# Nutrition: Your Life Science



## Synopsis

NOTE: This is a standalone book. YOUR LIFE SCIENCE, Second Edition, helps you understand the fundamental principles of nutritional science through an interactive, flexible, and fun learning experience. Turley/Thompson gives you a variety of options to learn, review, and demonstrate your knowledge. Use the unique learning aids, including Take-Ten Reflective Questions, Practices, and Bio Beats, to engage with the material and develop a better understanding of how nutrition concepts apply to your own life.

## Book Information

Spiral-bound: 560 pages

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Product Dimensions: 9.1 x 1.1 x 10.8 inches

Shipping Weight: 2.5 pounds (View shipping rates and policies)

Average Customer Review: 2.5 out of 5 stars Â Â See all reviews Â (2 customer reviews)

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